



INDIAN INSTITUTE OF YOGIC SCIENCE & RESEARCH (IIYSAR)

CERTIFICATE COURSE IN YOGA & NATUROPATHY (CCYN)

Duration: 1 Month (1st April to 30th April)

Number of Seats: 64 (Sixty-four)

Eligibility: 10th Pass

Age Limit: No age limit.

Selection Procedure: Interview and Medical Fitness.

Entire Course Fee: Rs. 5000/-

(Excluding Hostel fees, Examination fees, Uniform, Study Materials etc.)

Syllabus:

Paper	Subjects	Marks
Paper-I	Foundation of Yoga and Naturopathy	100
Paper-II	Theory and Application of Yoga and Naturopathy	100
Paper-III	Practical-I (Asana, Pranayam, Mudra, Bandha, Kriya, Meditation & Yoga Nidra)	100
Paper-IV	Practical-II (Mud Therapy, Hydro Therapy & Massage Therapy)	100
	Total (Marks)	400

Examination: From 24th April to 27th April

Distribution of Certificates: 30th April

Hostel Fee: Rs. 4000/- per month [For Accommodation (Share) & Food (Breakfast and 2 veg. meal)]. Single Room accommodation can be avail as per availability with additional charges depending upon the facilities provided in that room. (Non-AC, AC)

Application Form for Admission: Application Form and information bulletin will be available in IIYSAR counter on payment of Rs.300/-. Forms are available between 9am to 4pm. Last date of receipt of application is 15th Feb.

If form has been download from the website, then attached DD/Online transfer/e-wallet receipt of Rs.300/- in favour of Indian Institute of Yogic Science & Research, payable at Angul. A/C Number:1160104000002066, IDBI Bank, Angul Branch, IFSC Code: IBKL0000775.

Admission Procedure: Please send the application by registered post with all attachments as for the check list sufficiently ahead so to reach the Principal, Indian Institute of Yogic Science & Research (IIYSAR) before the last date of submission of application or deposit in the Box kept in IIYSAR office.

* The Rules and Regulations of IIYSAR are subject to change from time to time.

For more information, please contact:

The Principal,
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